## Strengthening Summit - Wednesday, July 16, 2014 - Living as a Temple of the Holy Spirit

Start Group with a prayer to Holy Spirit:

O, Holy Spirit, beloved of our souls, we adore You. Enlighten us, guide us, strengthen us, console us. Tell us what we should do. Give us your orders. We promise to submit ourselves to all that You desire of us and to accept all that you permit to happen to us. Let us only know Your will.

Someone should then read the scripture verse:

I say, then: live by the Spirit and you will certainly not gratify the desire of the flesh. For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want. But if you are guided by the Spirit, you are not under the law. Now the works of the flesh are obvious: immorality, impurity, licentiousness, idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, occasions of envy, drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Against such there is no law. Now those who belong to Christ [Jesus] have crucified their flesh with its passions and desires. If we live in the Spirit, let us also follow the Spirit. *Galatians 5:16-25* 

Do you not know that you are the temple of God, and that the Spirit of God dwells in you? If anyone destroys God's temple, God will destroy that person; for the temple of God, which you are, is holy. *I Corinthians 3:16-17* 

## **Group discussion**

- 1. What part of me is still in the flesh? What do I have to do to overcome the flesh? Be specific.
- 2. Do I live as a Temple of Almighty God? Explain.
- 3. What can I do on a daily basis to live more as a Temple of the Holy Spirit?

End with the Lord's Prayer